

## Sample Collection Instructions

### Sexually Transmitted Infections Basic Panel

#### Before You Start

- Read all instructions before starting. Failure to follow them may invalidate test.
- Your kit needs to be registered in order for our lab to process your sample. Sample collection and kit registration must be completed in a single session.
- Book a Purolator home pickup at Purolator.com within **24 hours** of collection.
- **Do not urinate or clean genital area at least one hour before sample collection.**
- Wash and dry hands before starting sample collection.

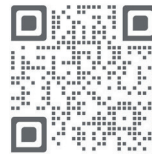
#### Easy Steps to Collect Your Sample:



#### 1 Register Kit

- Your kit needs to be activated in order for our lab to process your sample.
- Scan QR code to log into DynacarePlus.com and click on *Register Kit*.
- To activate your kit, enter the unique bar code located on the transport tube, on the bottom of box and on kit registration card. Simply scan or type in the bar code.

! **Save kit registration card for your records and to access your results.**



Scan QR code to register kit

#### 2 Collect Sample (A)

Wash and dry hands. Carefully open kit to reveal contents.

##### A. Kit Contents



- |                         |                                     |                            |                           |
|-------------------------|-------------------------------------|----------------------------|---------------------------|
| 1. Collection container | 4. Tube stand                       | 6. Bubble wrap             | 9. Purolator shipping bag |
| 2. Transfer syringe     | 5. Biohazard bag with absorbent pad | 7. Collection instructions | 10. Return box            |
| 3. Transport tube       |                                     | 8. Kit registration card   |                           |

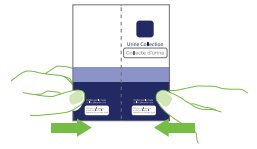
## 2 Collect Sample (B-E)

### B. Prepare

- Wash and dry hands.
- Remember **not** to urinate or clean genital area at least one hour before sample collection.



- Remove contents from box and place on clean, dry and flat surface.
- Unfold the collection container. Press with finger and thumb in the marked areas until the collection container locks into position.



### C. Collect

- Urinate directly into collection container. When the bag in collection container is about one quarter (1/4) full with urine, set aside for next step. Pass rest of urine into toilet.



schedule sample pickup within **24 hours of collection**. Sample stability at room temperature will not be compromised if sample is collected within this time frame.

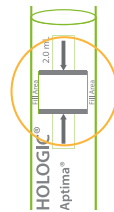
#### Tips:

- Best time to collect your sample and schedule pickup is on weekdays. It is recommended that you

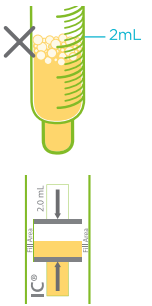
- Avoid collecting your sample at times where Purolator pickup may not be available within 24 hours of collection, i.e. weekends (Saturdays and Sundays) or holidays.

### D. Transfer Sample to Transport Tube Using Transfer Syringe

- Locate fill window on transport tube. Urine must be filled to between the lines. Note: Transport liquid is already present in the transport tube.

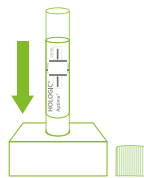


- Ensure there are no large air bubbles in the syringe. If there are, **slowly** empty the syringe back into the collection container and repeat until there are no air bubbles.
- Locate fill area on transport tube. Using syringe, **slowly** transfer urine into transport tube. Ensure the urine level is in between the 2 black lines.



- ⊘ Do **not** pour out any liquid from the transport tube before or after collection.

- Immediately following collection, unscrew cap from transport tube and place on a nearby clean surface and place transport tube in tube stand.

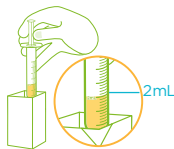


- ⊘ Take care to not spill the liquid. Do **not** puncture the foil seal on the transport tube cap. Do **not** apply transport liquid directly to skin or mucous membranes or take internally.

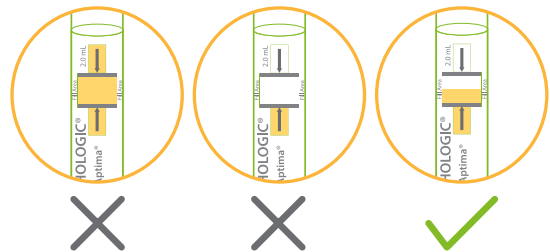
- Syringe must be used to transfer urine to transport tube.



- Push the transfer syringe plunger all the way down. Place tip of syringe into collection container and **slowly** pull back on the plunger until the syringe fills to 2mL mark.



- ⊘ Do **not** overfill tube as this will invalidate sample.



- Tightly screw cap back onto transport tube. Place filled tube in tube stand.

### E. Enter Collection Details

- Following collection, enter date and time sample was collected in DynacarePlus.com as part of the kit registration step.

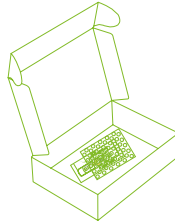
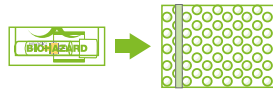
**! Save kit registration card to access your results online.**

- Also record collection date and time on the kit registration card included in the kit for your own records.

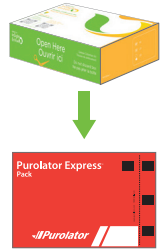
### 3 Package and Ship Sample (A-B)

#### A. Package Sample

- Insert tube into biohazard bag with absorbent pad and firmly seal to prevent leaks.
- Fully roll up biohazard bag containing tube. Insert into bubble wrap and seal.
- Place bubble-wrapped biohazard bag with transport tube and absorbent pad, in the box.



- Close/tuck in all flaps and place inside Purolator shipping bag. Seal Purolator shipping bag closed as shown by dotted line. Do **not** fold.



- Discard to regular waste any remaining urine collection container, transfer syringe and tube stand after use.

#### B. Book Purolator Sample Pickup

- Purolator home pickup is the only accepted shipping option. Do **not** drop off sample at a Dynacare location or a Purolator centre/drop box.
- Book a Purolator home pickup **within 24 hours** of collection.
- To book your Purolator pickup: visit Purolator.com, go to *Live chat*, type in Pickup, and follow prompts. You may also call **888.744.7123**.
- Record your pickup confirmation number.

### 4 Complete Kit Registration

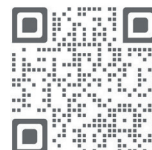
- Before completing online kit registration, confirm the following:
  - Kit bar code was entered successfully, and kit details are correct - name, bar code, collection date and time.
  - Collection and packaging of sample followed all instructions provided.
  - Purolator pickup was scheduled.
- Once verification is complete, click on *Complete Registration*. You will receive a successful registration notice.

### 5 Sample Pickup

- Your sample will be picked up by Purolator at your requested time.

### 6 Access Your Results

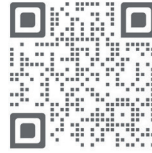
- To view your results, scan QR code or go to DynacarePlus.com
- Results will be available in up to 5-7 days.



Scan QR code to access your results

## Watch Video

Scan QR code to watch a video that will walk you through the sample collection steps.



Scan QR code to watch tutorial video

## Need Support?

Visit our Frequently Asked Questions at [DynacarePlus.com](http://DynacarePlus.com) or call 855.748.1115 Monday to Friday 8:00 a.m. to 4:00 p.m. EST.

## Product Information

**REF** KIT-URINE-01

**IVD** For *in vitro* diagnostic use









**Intended Use:** This device is strictly intended for the collection, stabilization and transportation of a self-collected urine specimen for laboratory testing.

**Summary and Explanation:** The specimen must be collected and returned to the laboratory within specified time limits to ensure specimen stability. Testing will be performed by Dynacare to screen for the presence of any of the following basic panel of three Sexually Transmitted Infections (STIs): *Chlamydia*, *Gonorrhea* and *Trichomoniasis*. Results are available in up to 5-7 days.

**Warnings/Precautions:** Single-use only. Do not re-use. Do not use if collection device is damaged. Do not apply transport tube liquid directly to skin or mucous membranes or take internally.

**Questions?** Call 855.748.1115.

## Legend

- IVD** *In vitro* Diagnostic Device
-  Do not re-use, Single-use only
-  Expiry date
-  Do not use if package is damaged
-  Consult instructions for use
-  Contains sufficient quantity for 1 test
-  Temperature limit  
15°C 30°C
- LOT** Lot Number
- REF** Catalogue number
-  Manufacturer
-  General warning sign